

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA

Affiliated to the Amateur Swimming Association (South East Region)

County Championships and Age Group Competitions 2010

(Under A.S.A. Laws & A.S.A. Technical Rules of Racing)

This event is licensed by the A.S.A. for entry into National Championships and Competitions.

Temple Cowley, OXFORD
Stantonbury Campus, MILTON KEYNES
Aquavale Leisure Centre, AYLESBURY
Aquavale Leisure Centre, AYLESBURY

Sunday 14th February 2010 (800/1500m F/S)
Sunday 21st February 2010 (400s)
Saturday & Sunday 6th & 7th March 2010
Saturday & Sunday 13th & 14th March 2010

Please use BLOCK CAPITALS and please ensure that this form is filled in fully and correctly otherwise your entry will not be accepted.

Surname: _____ **Forenames:** _____

Date of Birth: _____ **Age as at 14th March 2010** _____

Registration No: _____ **Club:** _____

Female

Address: _____

Post Code: _____ **Telephone No:** _____

Description of Event	No	Submitted time converted to 25m pool time	Date time achieved	Competition and venue at which time achieved
800m Freestyle	2			
400m Individual Medley	4			
400m Freestyle	6			
100m Breaststroke	7/8			
50m Butterfly	12/13			
200m Freestyle	23			
100m Freestyle	29/30			
50m Backstroke	34/35			
200m Backstroke	43			
100m Backstroke	50/51			
50m Freestyle	55/56			
200m Individual Medley	62			
100m Butterfly	66/67			
50m Breaststroke	71/72			
100m Individual Medley	76			
200m Butterfly	82			
200m Breaststroke	84			

Submitted times must have been converted to a 25m pool time using the A.S.A. Equivalent Performance Tables which should be converted to one decimal place.

I hereby declare the above details are correct and that I am eligible to compete within the Laws of the Amateur Swimming Association and will abide by the conditions laid down by the Association for this Competition.

Signature of Competitor _____ Date: _____

I certify the above information is correct: _____ Signature and position of Club Official

Return the completed form, together with the entry fee of £4.50 per event to your club coach/club official.

Closing date for all entries – **Monday 25th January 2010.**

LATE/ INCOMPLETE/ INCORRECT ENTRIES WILL NOT BE ACCEPTED.

The Promoter reserves the right to ask for proof of times submitted.