

TIGERSHARKS ASC

(Affiliated to ASA South West Region)

WINTER LEVEL 3 LICENSED OPEN MEET - 3SW2042

Licensed for entry into National & District Competitions

LINK CENTRE SWINDON

7th & 8th January 2012

AGE GROUPS

Girls 10/U, 11/12, 13/14, 15/OV

Boys 10/U, 11/12, 13/14, 15/OV

All Entries by Sports System File



FOR FURTHER DETAILS CONTACT

DIANE LEE ON 01793-873128

Or diane.lee22@ntlworld.com

Visit www.tigersharks.co.uk

Future Dates of Tigershark Open Meets:

Tigersharks Spring Level 3 Open Meet	14 th & 15 th April 2012
Tigersharks Separated Medley Level 3 Open Meet	27 th May 2012
Tigersharks End of Season Closed Meet Level 3	8 th July 2012
Tigersharks Autumn Level 3 Open Meet	17 th & 18 th November 2012

Tigersharks Winter Level 3 Licensed Open Meet

(Under ASA law and ASA technical rules)

7th & 8th January 2012

MEET RULES

1. The meet will be held under ASA laws and ASA technical rules
2. All competitors must be registered with the ASA.
3. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters.
4. Age groups are based on ages at **8th January 2012**
5. A competitor may compete under the name of one club only.
6. Applications for entry must be correctly submitted by the specified date, **Saturday 17th December 2011**, and on Sports System entry file for 5 swimmers or more. Late entries may be accepted at the discretion of the promoter, but not to the detriment of entries received on time. Entries received without payment will not be processed.
7. The promoter will limit the number of entries should the events be oversubscribed; the slowest entries in each of the relevant events & grades will be rejected. Strictly no refunds on accepted entries.
8. Age groups/events; 10/U, 11/12, 13/14, 15 & Over. With the exception of 100m IM Girls 10years and Boys 11 years entering 100m events will be for the purpose of **Time Trials** only and will not receive an award. The times will be sent to rankings. All events will be heat declared.
9. This event will NOT run with the use of entry cards
10. The heats will be seeded on entry times. All swimmers must have achieved minimum qualifying standard times in the attached table.
11. The first three in each age group will receive an award. Awards can be collected when results are posted. Swimmers who exceed the upper limit qualifying times will not receive an award but will be awarded speeding tickets. Swimmers who do not meet the lower limit qualifying time will not receive an award.
12. Competitors must report to the marshals, one event before their own event. Failure to do so may mean exclusion from the event.
13. All starts will be at the deep end of the pool. All starts will be over the top, except backstroke races.
14. The entries will not be accepted without the purchase of a Coaches pass. COACHES are responsible for their swimmers at all time.
15. Warm up times. As listed in program details. Diving is only permitted in sprint lanes. Warm up procedures will be listed prior to the start of the meet.
15. The promoter reserves the right to refuse admission to any competitor or spectator.
16. Result sheets will be forwarded via email.
17. Anything not covered in the above rules and associated literature will be at the discretion of the promoter.
18. The Tigersharks Open meet organisers will amend the rules where necessary to ensure the meet runs smoothly.
19. The promoter's decision is final, subject to ASA Law.

Note: The electronic timing is provisional and may be over ruled by the referee.

Disabilities must be reported to the referee before the session of their event. A copy of their ASA certificate of permanent disability must be produced if requested. Failure to comply could result in disqualification from their events.

Closing date for entries is midnight on Saturday 17th December 2011. Failure to return entries will result in swimmers being excluded from the event.

Programme of events Warm up times are provisional & may be subject to change once the entries have been received. Swimmers will be notified accordingly.

Saturday 7th January

Session 1	warm up 11.15	start 12.15	finish time 14:45
Boys	200m Butterfly	All	
Girls	200m Individual Medley	All	
Boys	100m Breaststroke	10*/11*/12/13/14/15OV	
Girls	100m Frontcrawl	10*/11/12/13/14/15OV	
Boys	200m Backstroke	All	
Girls	100m Individual Medley	All	
Boys	50m Butterfly	All	

Saturday 7th January

Session 2	warm up 15:30	start 16:30	finish time 19:30
Boys	50m Backstroke	All	
Girls	50m Breaststroke	All	
Boys	200m Frontcrawl	All	
Girls	100m Butterfly	10*/11/12/13/14/15OV	
Boys	100m Backstroke	10*/11*/12/13/14/15OV	
Girls	400m Individual Medley	All	
Boys	200m Breaststroke	All	

Sunday 8th January

Session 3	warm up 10.15	start 11.15	finish time 14:15
Girls	50m Backstroke	All	
Boys	100m Frontcrawl	10*/11*/12/13/14/15OV	
Girls	100m Breaststroke	10*/11/12/13/14/15OV	
Boys	200m Individual Medley	All	
Girls	200m Frontcrawl	All	
Boys	100m Individual Medley	All	
Girls	200m Backstroke	All	

Sunday 8th January

Session 4	warm up 14:45	start 15:45	finish time 17:30
Girls	200m Butterfly	All	
Boys	100m Butterfly	10*/11*/12/13/14/15OV	
Girls	100m Backstroke	10*/11/12/13/14/15OV	
Boys	50m Breaststroke	All	
Girls	200m Breaststroke	All	
Boys	400m Individual Medley	All	
Girls	50m Butterfly	All	

Sunday 8th January

Session 5	Warm Up 18:00	Start 18:30	finish time 20:00
Girls	50m Frontcrawl	All	
Boys	50m Frontcrawl	All	
Girls	400m Frontcrawl	All	
Boys	400m Frontcrawl	All	

*** Girls 10yrs & Boys 11yrs are not eligible for 100m events unless they will be 11yrs (Girls) or 12yrs (Boys) for the Regional or National Competitions in 2012.**

**Minimum Qualifying Standards for Level 3 Meet - Level 3 Meets in Short Course Pools only
Qualifying Times Boys (No faster or slower than upper / lower limit)**

BOYS - EVENT	9	10	11	12	13	14	15/OV	Limit
50m Freestyle	33.00	32.00	30.50	29.50	28.20	27.50	26.50	Upper
	50.00	48.50	47.50	46.50	45.50	44.50	42.00	Lower
100m Freestyle			1:02.30	1:02.30	1:00.80	58.00	56.00	Upper
			1:25.50	1:25.50	1:24.40	1:23.30	1:18.00	Lower
200m Freestyle	2:50.00	2:38.00	2:28.50	2:20.50	2:12.00	2:05.00	2:02.00	Upper
	4:00.00	3:58.00	3:56.00	3:54.00	3:52.00	3:50.00	3:45.00	Lower
400m Freestyle	5:20.00	5:05.00	4:53.00	4:36.00	4:22.50	4:15.00	4:08.00	Upper
	7:40.00	7:25.00	7:00.00	6:50.00	6:35.00	6:20.00	6:10.00	Lower
50m Breaststroke	45.00	41.50	38.10	36.80	35.00	34.10	32.90	Upper
	1:18.00	1:14.00	1:10.00	1:02.00	55.00	49.00	47.00	Lower
100m Breaststroke			1:23.70	1:23.70	1:20.80	1:17.00	1:14.50	Upper
			1:54.70	1:54.70	1:51.70	1:48.00	1:42.00	Lower
200m Breaststroke	3:50.00	3:25.00	3:10.00	2:50.00	2:42.00	2:35.00	2:29.00	Upper
	5:15.00	5:05.00	4:55.00	4:45.00	4:35.00	4:25.00	4:15.00	Lower
50m Butterfly	39.00	37.00	35.00	33.90	32.50	30.20	28.50	Upper
	1:15.00	1:10.00	1:05.00	58.00	52.00	48.00	46.00	Lower
100m Butterfly			1:17.00	1:17.00	1:12.00	1:10.00	1:07.00	Upper
			1:55.00	1:55.00	1:53.00	1:51.00	1:45.00	Lower
200m Butterfly	3:05.00	3:00.00	2:50.00	2:45.00	2:40.00	2:30.00	2:20.00	Upper
	5:15.00	5:10.00	5:05.00	5:00.00	4:55.00	4:50.00	4:20.00	Lower
50m Backstroke	43.00	38.00	35.00	33.10	32.00	30.80	28.50	Upper
	59.50	58.20	57.50	54.00	51.50	48.70	46.50	Lower
100m Backstroke			1:16.40	1:16.40	1:10.60	1:07.50	1:04.00	Upper
			1:56.00	1:56.00	1:50.00	1:46.00	1:40.00	Lower
200m Backstroke	3:08.00	2:50.00	2:42.00	2:35.00	2:30.00	2:22.00	2:14.00	Upper
	5:00.00	4:50.00	4:40.00	4:30.00	4:20.00	4:10.00	3:50.00	Lower
100m Ind Medley	1:28.00	1:24.00	1:20.00	1:16.00	1:12.50	1:10.00	1:05.00	Upper
	2:00.00	1:50.00	1:40.00	1:35.00	1:30.00	1:28.00	1:25.00	Lower
200m Ind Medley	2:55.00	2:48.70	2:40.90	2:30.20	2:22.00	2:17.00	2:13.00	Upper
	3:55.00	3:50.00	3:35.00	3:25.00	3:15.00	3:05.00	2:50.00	Lower
400m Ind Medley	5:55.75	5:48.00	5:39.60	5:16.30	4:59.80	4:50.30	4:41.70	Upper
	8:10.00	7:45.00	7:30.00	7:15.00	6:58.00	6:45.00	6:30.00	Lower

- **Boys 11yrs are not eligible for 100m events unless they will be 12yrs for the Regional or National Competitions in 2012.**

Qualifying Times Girls (No faster or slower than upper / lower limit)

GIRLS - EVENT	9	10	11	12	13	14	15/OV	Limit
50m Freestyle	33.00	32.00	31.00	30.20	29.00	28.50	28.00	Upper
	50.00	48.50	48.00	47.00	46.25	45.70	40.00	Lower
100m Freestyle		1:09.50	1:09.50	1:06.00	1:04.50	1:02.00	1:00.30	Upper
		1:50.00	1:50.00	1:42.50	1:35.50	1:25.50	1:21.30	Lower
200m Freestyle	2:45.00	2:30.00	2:27.00	2:21.00	2:16.00	2:12.00	2:09.50	Upper
	4:00.00	3:58.00	3:57.00	3:55.00	3:54.00	3:52.00	3:48.00	Lower
400m Freestyle	5:00.00	4:52.00	4:53.00	4:41.00	4:34.00	4:28.00	4:25.50	Upper
	7:30.00	7:20.00	7:10.00	7:00.00	6:50.00	6:40.00	6:30.00	Lower
50m Breaststroke	46.00	42.50	40.00	38.00	36.50	35.80	34.00	Upper
	1:18.00	1:14.00	1:08.00	1:00.00	54.75	51.00	48.50	Lower
100m Breaststroke		1:28.50	1:28.50	1:24.00	1:22.50	1:21.00	1:17.00	Upper
		2:00.00	2:00.00	1:56.50	1:55.00	1:52.00	1:50.00	Lower
200m Breaststroke	3:40.00	3:28.00	3:15.00	2:55.00	2:51.00	2:48.00	2:45.00	Upper
	6:10.00	6:00.00	5:50.00	5:40.00	5:30.00	5:20.00	5:10.00	Lower
50m Butterfly	39.00	37.00	35.50	33.80	32.80	31.95	31.00	Upper
	1:15.00	1:10.00	1:00.00	58.50	55.00	52.50	49.80	Lower
100m Butterfly		1:23.50	1:23.50	1:21.00	1:19.00	1:16.50	1:12.50	Upper
		2:25.00	2:25.00	2:15.00	2:05.00	1:55.00	1:45.00	Lower
200m Butterfly	3:15.00	3:05.00	2:55.00	2:46.00	2:40.00	2:35.00	2:30.00	Upper
	5:15.00	5:10.00	5:08.00	5:06.00	5:04.00	5:00.00	4:45.00	Lower
50m Backstroke	43.00	38.00	36.50	35.00	34.20	32.50	31.10	Upper
	59.50	58.20	56.50	54.20	51.70	49.80	48.40	Lower
100m Backstroke		1:23.50	1:23.50	1:18.50	1:14.50	1:10.50	1:07.00	Upper
		2:05.00	2:05.00	1:59.50	1:56.40	1:54.20	1:42.50	Lower
200m Backstroke	3:08.00	2:59.00	2:48.00	2:40.00	2:35.00	2:30.00	2:27.00	Upper
	5:00.00	4:50.00	4:45.00	4:40.00	4:35.00	4:30.00	4:15.00	Lower
100m Ind Medley	1:37.00	1:30.00	1:25.00	1:20.50	1:16.50	1:13.50	1:10.00	Upper
	2:15.00	2:05.00	2:00.00	1:55.00	1:45.00	1:35.00	1:28.00	Lower
200m Ind Medley	2:55.00	2:48.80	2:40.30	2:32.00	2:32.00	2:25.00	2:23.90	Upper
	4:05.00	3:55.00	3:40.80	3:28.80	3:22.50	3:10.00	3:00.00	Lower
400m Ind Medley	5:48.00	5:42.00	5:37.30	5:19.70	5:10.50	5:04.00	5:03.00	Upper
	8:10.00	7:45.00	7:35.00	7:20.00	7:05.00	6:58.00	6:50.00	Lower

*** Girls 10yrs are not eligible for 100m events unless they will be 11yrs for the Regional or National Competitions in 2012.**

Tigersharks ASC Winter Level 3 Open Meet 2012 - ENTRY FORM

Programme of events Warm up times are provisional & may be subject to change once the entries have been received. Swimmers will be notified accordingly.

Name _____ Male/Female _____

Club _____ DOB _____ ASA Member ID _____

Session 1		
Sex	Event	Entry Time
Boys	200m Butterfly	
Girls	200m Ind. Medley	
Boys	100m Breaststroke	
Girls	100m Frontcrawl	
Boys	200m Backstroke	
Girls	100m Ind. Medley	
Boys	50m Butterfly	
Session 2		
Boys	50m Backstroke	
Girls	50m Breaststroke	
Boys	200m Frontcrawl	
Girls	100m Butterfly	
Boys	100m Backstroke	
Girls	400m Ind. Medley	
Boys	200m Breaststroke	

Session 3		
Sex	Event	Entry Time
Girls	50m Backstroke	
Boys	100m Frontcrawl	
Girls	100m Breaststroke	
Boys	200m Ind. Medley	
Girls	200m Frontcrawl	
Boys	100m Ind. Medley	
Girls	200m Backstroke	
Session 4		
Girls	200m Butterfly	
Boys	100m Butterfly	
Girls	100m Backstroke	
Boys	50m Breaststroke	
Girls	200m Breaststroke	
Boys	400m Ind. Medley	
Girls	50m Butterfly	

Session 5		
Sex	Event	Entry Time
Girls	50m Frontcrawl	
Boys	50m Frontcrawl	
Girls	400m Frontcrawl	
Boys	400m Frontcrawl	

*** Girls 10yrs & Boys 11yrs are not eligible for 100m events unless they will be 11yrs (Girls) or 12yrs (Boys) for the Regional or National Competitions in 2011.**

Total number of entries @ £5.00 / event = No: _____ Total £'s: _____

Tigersharks ASC Winter Level 3 Licensed Open Meet 2012

CONSOLIDATED ENTRY FORM

CLUB	
CONTACT ADDRESS	
TEL: NO:	
E-MAIL	

Total Number of Swimmer Entries _____

Total Cost of Entries @ £5.00 each _____

Coaches Passes Number (Max 3 per Club) _____

Total Cost of Coaches Passes @ £17.50 each _____

One Day pass £10.00 _____

Total Cheque enclosed _____

(All Cheques should be made payable to 'Tigersharks ASC')

Reply to:

Mrs Diane Lee

14 Sidney Close, Grange Park,

Swindon SN5 6BN

Telephone: 01793- 873128

Email: diane.lee22@ntlworld.com

Tigersharks ASC

Mrs Diane Lee
14 Sidney Close, Grange Park,
Swindon SN5 6BN
Telephone: 01793- 873128
Email: diane.lee22@ntlworld.com

Confirmation of entries

Dear Coach / Administrator

Thank you for your entries to our Open Meet. As this is meet is running without cards you will be sent a draft programme when all entries are processed. Last year our meets were heavily oversubscribed so early entries are advised

We are asking visiting Clubs if they are able to offer help with qualified officials.

We will be giving visiting Clubs an allowance for each travelling qualified official that they are able to bring, in addition the officials will be given a full lunch and free entry/programme.

This payment will be made on the day either to the individual official or to the club if they prefer, however we would need the details of any travelling officials as we need to register them with the meet referee prior to the event.

Thank you for your help, Diane Lee

-----please tear off-----

CLUB

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief Timekeeper/Referee (*please circle*)

TELEPHONE NUMBER.....

HOME ADDRESS

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief Timekeeper/Referee (*please circle*)

TELEPHONE NUMBER.....

HOME ADDRESS

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief Timekeeper/Referee (*please circle*)

TELEPHONE NUMBER.....

HOME ADDRESS